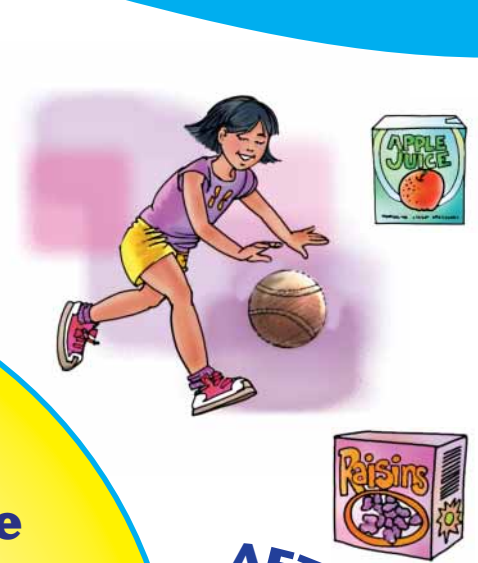
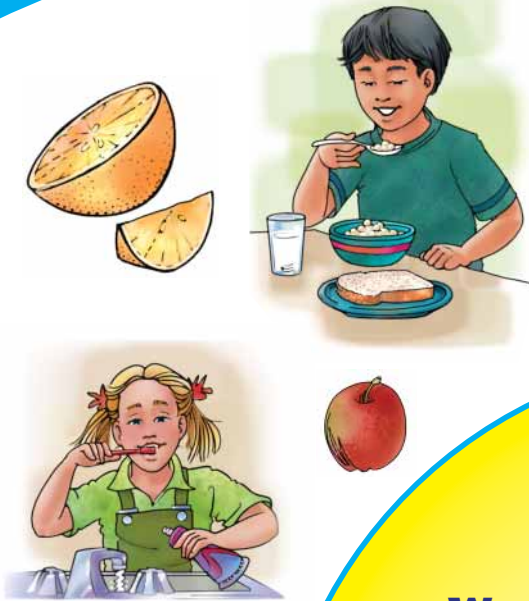




Make Time to Be Healthy!



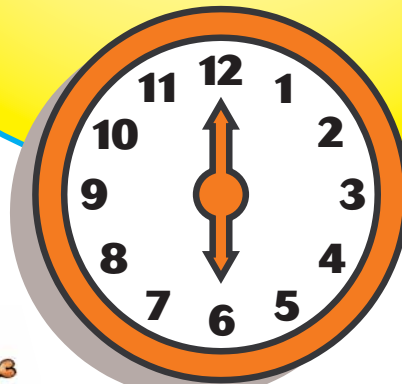
Wash your hands before you eat.

Brush your teeth after every meal.

Eat healthy foods.

Exercise for fun.

Get a full night's sleep.



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