

Student Name: _____

Practice Makes Perfect Health

Three sentences in the story below are not complete. Circle these sentences as you read the story.

Patty practices healthy habits every day. She remembers to wash her hands often. Patty exercises by taking her puppy for a walk. Patty eats lots of fruits and vegetables because she knows they are healthy. Broccoli favorite! Once a year, Patty visits the doctor for a checkup. She stays clean bath every night. Patty never forgets to brush her teeth before going to bed. Patty gets at least eight sleep. She wakes up each day ready to practice more healthy habits!



Rewrite the sentences you circled below. Add two words to each sentence so it makes sense.

1. _____
2. _____
3. _____

Bonus: Feel Better!

Write a story about a day when you were sick and stayed home from school. What did you do to feel better? What did your family or friends do to make you feel better?