

Top 10 Things Kids Can Do to Live Green Every Day

1. Unplug your appliances and chargers—they drain power even when they're not in use! Save energy by turning off the lights, radio, TV, and computer when you're not using them.
2. Be a water leak detective! You can also save water by taking shorter showers and turning off the faucet while you're brushing your teeth and washing your hands.
3. Help your parents change the lightbulbs in your home to compact fluorescent lightbulbs to reduce energy and greenhouse gas emissions.
4. Reduce waste by reusing water bottles for your water and other beverages instead of buying a new bottle every time you want a drink.
5. Use scratch paper for your assignments, and write on both sides of the paper. Ask your teacher if he or she will accept your assignments electronically to reduce paper waste.
6. Bring your lunch to school in a lunchbox or another reusable container. Carry your food in reusable packing, such as plastic containers that can be washed and used again. Bring canvas shopping bags to the store instead of using their paper or plastic bags when you're shopping.
7. Say "No!" to catalogues: Find out which catalogues your family really uses and stop getting the rest. Call the company's 800 number (listed in the catalogue) and ask for your name to be removed from its list.
8. Bring boxes to class to collect any paper, cans, and bottles that you have to recycle.
9. Walking or bicycling instead of driving saves between 120 and 680 million gallons of gasoline in the U.S. each year. You can also carpool or use public transportation to get where you're going.
10. Give or ask for gifts that can be experienced, like tickets to a baseball game or a trip to the zoo. You can minimize consumption and still get all the fun! Wrap gifts with recycled paper, like newspaper and comic strips.

