

SCHOLASTIC CHOICES Grades 7-12

2011-2012 EDITORIAL HIGHLIGHTS

	CURRICULUM	TOPICS	STANDARDS
SEPTEMBER	Substance Abuse	• Dangers of alcohol abuse	• Practicing health-enhancing behaviors & reducing health risks
	Health	• Energy drinks	• Accessing valid health information & health-promoting services
	Nutrition	• Soda & teens	• Food production, services
	Family Issues	• A teen's guide to coping with his/her parents	• Family, community
	Personal Responsibility	• Bullying prevention	• Promoting core ethical values as the basis of good character
OCTOBER	Substance Abuse	• Dangers of marijuana abuse	• Using goal-setting and decision-making skills to enhance health
	Health	• Physical fitness	• Practicing health-enhancing behaviors & reducing health risks
	Nutrition	• Foods for your brain	• Nutrition & wellness
	Family Issues	• Coping with divorce	• Interpersonal relationships
	Personal Responsibility	• Benefits of volunteering	• Opportunities for moral action
NOVEMBER/ DECEMBER	Substance Abuse	• Smoking & teens	• Analyzing the influence of culture, media, technology & other factors on health
	Health	• Food safety	• Comprehending concepts related to health promotion & disease
	Nutrition	• Sugar & salt	• Food sciences, nutrition
	Family Issues	• Sibling rivalry	• Family
	Personal Responsibility	• Being a responsible driver & passenger	• Promoting core ethical values as the basis of good character
JANUARY	Substance Abuse	• Prescription drug abuse	• Practicing health-enhancing behaviors & reducing health risks
	Health	• Teens & anxiety	• Accessing valid health information & health-promoting services
	Nutrition	• Calories & teens	• Food production, services
	Family Issues	• Teen parent	• Parenting
	Personal Responsibility	• Teens using technology responsibly	• Promoting core ethical values as the basis of good character
FEBRUARY/ MARCH	Substance Abuse	• Over-the-counter drug abuse	• Practicing health-enhancing behaviors & reducing health risks
	Health	• Dental health	• Promoting health & disease prevention
	Nutrition	• Protein & the teen body	• Nutrition & wellness
	Family Issues	• Money & families	• Consumer, family
	Personal Responsibility	• Dating & teens	• Interpersonal relationships
APRIL/ MAY	Substance Abuse	• Dangers of inhalant abuse	• Using goal-setting and decision-making skills to enhance health
	Health	• Skin health	• Analyzing the influence of culture, media, technology & other factors on health
	Nutrition	• Benefits of drinking water	• Nutrition & wellness
	Family Issues	• Traditions in families	• Being part of a caring community
	Personal Responsibility	• Jobs & teens	• Career, community, family

In order to provide subscribers with the most relevant material, the editors of *Choices* may change editorial content as needed.