

Fluency Formula

AFTER-SCHOOL IMPLEMENTATION OPTIONS

Fluency Formula is designed to fit flexibly within any after-school program. Find the weekly plan that is most like your after-school program's calendar and that reflects your needs.

If your after-school program is *four days per week*, follow the schedule in the Professional Guide. Incorporate the assessment into the fourth day.

4 DAYS PER WEEK

DAY	TIME BLOCK	INSTRUCTION	COMPONENTS
1	10–15 minutes	Direct instruction—teacher modeling Independent fluency practice	Professional Guide (Day 1) Fluency Workbook
2	10–15 minutes	Guided practice Independent reading	Professional Guide (Day 2) Fluency Library Book and Audio CD
3	10–15 minutes	Direct instruction—teacher modeling Phonics fluency	Professional Guide (Day 3) Fluency Activity Card
4	10 minutes 5 minutes	Guided practice Phonics and sight word fluency Individual student assessment	Professional Guide (Day 4) Fluency FlipChart Fluency Assessment System

If your after-school program is *three days per week*, focus the first day on direct instruction and the second day on guided practice. Use the third day for independent reading and individual assessment.

3 DAYS PER WEEK

DAY	TIME BLOCK	INSTRUCTION	COMPONENTS
1	20–30 minutes	Direct instruction—teacher modeling Independent fluency practice Phonics Fluency	Professional Guide (Days 1 and 3) Fluency Workbook Fluency Activity Card
2	20–30 minutes	Guided practice Independent reading Phonics and sight word fluency	Professional Guide (Days 2 and 4) Fluency Library Book and Audio CD Fluency FlipChart
3	15–20 minutes 5–10 minutes	Independent reading Individual student assessment	Fluency Library Book and Audio CD Fluency Assessment System

If your after-school program is *two days per week*, focus the first day on direct instruction and the second day on guided practice. Periodically conduct student assessment on the second day and reduce the amount of independent and audio-assisted reading.

2 DAYS PER WEEK

DAY	TIME BLOCK	INSTRUCTION	COMPONENTS
1	20–30 minutes	Direct instruction—teacher modeling Independent fluency practice Phonics Fluency	Professional Guide (Days 1 and 3) Fluency Workbook Fluency Activity Card
2	20–30 minutes	Guided practice Independent reading Phonics and sight word fluency	Professional Guide (Days 2 and 4) Fluency Library Book and Audio CD Fluency FlipChart

If your after-school program is *one day per week*, follow the schedule in the Professional Guide, completing 10–15 minutes of fluency instruction for each hour of after-school programming. Carry over to subsequent weeks any material not covered during the previous week.

1 DAY PER WEEK

HOUR	TIME BLOCK	INSTRUCTION	COMPONENTS
1	10–15 minutes	Direct instruction—teacher modeling Independent fluency practice	Professional Guide (Day 1) Fluency Workbook
2	10–15 minutes	Guided practice Independent reading	Professional Guide (Day 2) Fluency Library Book and Audio CD
3	10–15 minutes	Direct instruction—teacher modeling Phonics fluency	Professional Guide (Day 3) Fluency Activity Card
4	10–15 minutes	Guided practice Phonics and sight word fluency	Professional Guide (Day 4) Fluency FlipChart
5	10–15 minutes	Individual student assessment	Fluency Assessment Systems