

**Workshop 5: Under Pressure****Reading 3 Project: The Power of Peer Pressure**  
**Peer Pressure Poster**

*What type of peer pressure issue affects teens the most?*

**Project:** Create a poster about the issue you think teens feel most pressured about.

**Procedure**

**1. Decide on an issue.** Teens have to deal with a lot of different pressures from their peers. Choose an issue you can relate to and use it to design a poster. Here are some ideas:

- Pressure to do well in school
- Pressure to look good
- Pressure to drink or smoke
- Pressure to break rules set by parents or teachers
- Pressure about friendships

Select a topic you would like to address on your poster.

**2. Communicate the issue.**

- Describe the issue. How does it affect kids? List three important points about the issue.
- To get ideas, ask classmates about how the issue affects their lives.
- Will you include advice about how to deal with the issue?

**3. Design the poster.** First sketch your ideas in pencil on a sheet of paper. Find or draw pictures to use. Decide where you will position any drawings or decorations.

**4. Present your work.** Use colored markers or pencils and a piece of poster board for your presentation. Remember to give your poster a title. Then display it in the classroom or hallway.