

Workshop 8: Turning Points**Quick Project****A Turning Point Time Line**

Change happens all the time in life. But some changes are more important than others.

Project: Create a time line of the important events in your life.

Procedure

1. Brainstorm key moments. Think about the really big events in your life.

Pick at least five.

- Did you move to a new town?
- Did you join or quit an activity?
- Did you make a good friend?
- Did you lose someone important to you?
- Did you start going to a new school?

2. Make a list. Write the important events on a piece of paper. Next to each one, write the year it happened. If you don't know when it happened, make your best guess.

3. Number the events. Look at the dates on your list. Put a "1" next to the event that happened first. Put a "2" next to the event that came next. Number each event.

4. Draw your time line. Turn a piece of paper sideways. Draw a line across the middle. Write the date of the first event at the beginning of the line, and below the date, write the event. Then add the second event, and so on. When you are done, your time line should look something like this:

