

Article: "Heart of Gold" • Issue: December 8, 2008

Name: \_\_\_\_\_ Class: \_\_\_\_\_ Date: \_\_\_\_\_

# Heart of Gold Quiz

**Directions:** After you read the article "Heart of Gold," answer each of the following questions.

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| <p>1. Which city is Michael Phelps's hometown?<br/>                 (A) New York<br/>                 (B) Baltimore<br/>                 (C) Los Angeles<br/>                 (D) Tampa</p> <p>2. How many Olympic medals has Michael Phelps won?<br/>                 (A) 7<br/>                 (B) 8<br/>                 (C) 14<br/>                 (D) 16</p> <p>3. Since winning eight gold medals at the 2008 Summer Olympics, Michael Phelps has _____.<br/>                 (A) started a charity<br/>                 (B) written a book<br/>                 (C) appeared on <i>Oprah</i><br/>                 (D) all of the above</p> <p>4. As a kid, Michael Phelps could focus only:<br/>                 (A) in physical education class.<br/>                 (B) at school.<br/>                 (C) in the pool.<br/>                 (D) at home.</p> <p>5. Which word could best replace <b>solace</b> in the following sentence? <i>Phelps took solace in the water.</i><br/>                 (A) comfort<br/>                 (B) revenge<br/>                 (C) time<br/>                 (D) focus</p> | <p>6. Which of the following statements is FALSE?<br/>                 (A) Michael Phelps was diagnosed with AD/HD.<br/>                 (B) Michael Phelps says the key to reaching his dreams was hard work and a supportive family.<br/>                 (C) Michael Phelps started an organization that gives kids the chance to pursue recreational and competitive swimming.<br/>                 (D) Michael Phelps is 6 feet 4 inches tall.</p> <p>7. Which of the following events happened last for Michael Phelps?<br/>                 (A) He was diagnosed with AD/HD.<br/>                 (B) He won eight gold medals at the 2008 Summer Olympics.<br/>                 (C) He started the Michael Phelps Foundation.<br/>                 (D) His memoir, <i>Built to Succeed</i>, hit stores.</p> <p>8. When Michael Phelps was having trouble in school, how did his mom react?<br/>                 (A) She grounded him.<br/>                 (B) She supported him.<br/>                 (C) She made him stop swimming and focus more on his schoolwork.<br/>                 (D) She became angry with him.</p> | <p>9. How do you think Michael Phelps felt after he won seven gold medals but still had to compete for the eighth gold medal?<br/>                 _____<br/>                 _____<br/>                 _____<br/>                 _____<br/>                 _____<br/>                 _____<br/>                 _____<br/>                 _____<br/>                 _____<br/>                 _____</p> <p>10. Michael Phelps was bullied by a lot of kids when he was young. These bullies probably now regret the way they treated him. Write about a time you treated someone unfairly. How can you make amends for your behavior?<br/>                 _____<br/>                 _____<br/>                 _____<br/>                 _____<br/>                 _____<br/>                 _____<br/>                 _____<br/>                 _____<br/>                 _____<br/>                 _____</p> |
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